LUNCHTIME CO®

Week 1	Monday	Tuesday	STREET FEAST WEDNESDAY	Thursday	Friday
Main Meal	Beef Pasta Bolognese served with Fresh Homemade Bread & Mixed Vegetables	Jerk Chicken served with Jollof Rice & Mixed Vegetables	Turkey Fajita Wrap Served with Jacket Wedges & Vegetables	Roast Chicken served with Roast Potatoes Mixed Vegetables Gravy	Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans
	(G) (W) (MK) (MU) (SO)		(G) (W) (MK)		(G) (W) (F)
Meat Free	Vegetable Pasta Bolognese served with Fresh Homemade Bread & Mixed Vegetables	Vegetable Curry served with Fluffy Rice & Mixed Vegetables	Vegetable Fajita Wrap served with Jacket Wedges & Vegetables	Quorn Fillet served with Roast Potatoes Mixed Vegetables and Gravy	Vegetable Nuggets served with Chips, Garden Peas or Baked Beans
	(G) (W) (MK) (MU) (SO)	(MK) (MU)	(G) (W) (MK)	(G) (W) (E)	(G) (W)
Pasta and Jackets	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
	(MK) (F) (E)	(G) (W) (MK) (SO) (MU)	(MK) (F) (E)	(G) (W) (MK) (SO) (MU)	(MK) (F) (E)
Desserts	Fruit Yoghurt & Coulis Fresh Fruit Pot	Fruit Yoghurt & Coulis Fresh Fruit Pot	Fruit Yoghurt & Coulis Fresh Fruit Pot	Fruit Yoghurt & Coulis Fresh Fruit Pot	Vote For Your Favourite Dessert Fresh Fruit Pot
	(MK)	(MK)	(MK)	(MK)	(G) (W) (E) (MK)



Making lunchtime the highlight of your day



Week 2	Monday	Tuesday	STREET FEAST WEDNESDAY	Thursday	Friday
Main Meal	Turkey Arrabiata Pasta Bake served with Fresh Homemade Bread & Mixed Vegetables	Oriental Chicken served with Egg Noodles	Homemade Wholemeal Meat Pizza served with Selection of Fresh Salad	Chicken Sausage served with Potatoes, Yorkshire Pudding & Mixed Vegetables	Fish Fingers served with Chips, Garden Peas or Baked Beans
	(G) (W) (MK) (MU) (SO)	(G) (W) (E) (SO)	(G) (W) (E) (SO) (MK)	(G)(W)(E)(MK)(SO)(SU)	(G) (W) (F)
Meat Free	Traditional Macaroni Cheese served with Fresh Homemade Bread and Mixed Vegetables	Crispy Vegetable s served with Egg Noodles	Homemade Wholemeal Margherita Pizza served with Selection of Fresh Salad	Quorn Sausage served with Potatoes, Yorkshire Pudding & Mixed Vegetables	Vegan Sausage Roll served with Chips, Garden Peas or Baked Beans
	(G) (W) (MK) (MU) (SO)	(G) (W) (E) (SO)	(G) (W) (E) (SO) (MK)	(G) (W) (E) (MK)	(G) (W)
Pasta and Jackets	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
	(MK) (F) (E)	(G) (W) (MK) (SO) (MU)	(MK) (F) (E)	(G) (W) (MK) (SO) (MU)	(MK) (F) (E)
Desserts	Fruit Yoghurt & Coulis Fresh Fruit Pot	Fruit Yoghurt & Coulis Fresh Fruit Pot	Fruit Yoghurt & Coulis Fresh Fruit Pot	Fruit Yoghurt & Coulis Fresh Fruit Pot	Vote For Your Favourite Dessert Fresh Fruit Pot
	(MK)	(MK)	(MK)	(MK)	(G) (W) (E) (MK)







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Week 3	Monday	Tuesday	STREET FEAST WEDNESDAY	Thursday	Friday
Main Meal	Chicken Sausage Arrabiata Pasta Bake served with Fresh Homemade Bread & Vegetables	Turkey & Vegetable Tikka served with Fragrant Rice, Naan Bread Finger & Seasonal Vegetables	Tasty Beef & Cheese Burrito served with Whole Grain Rice, Tomato & Cucumber Salsa	Roast Chicken served with Roast Potatoes Mixed Vegetables Gravy	Fish Fingers served with Chips, Garden Peas or Baked Beans
	(G)(W)(MK)(MU)(SO)(SU)	(G) (W) (MK) (MU)	(G) (W) (MK)		(G) (W) (F)
Meat Free	Vegan Meatballs in a Rich Tomato Sauce served with Fresh Homemade Bread & Vegetables	Roasted Vegetable Tikka served with Fragrant Rice, Naan Bread Finger & Seasonal Vegetables	Tasty Quorn Mince & Cheese Burrito served with Whole Grain Rice, Tomato & Cucumber Salsa	Roast Broccoli, Cauliflower & Lentil Bake. Served with Crusty Bread	Vegetable Nuggets served with Chips, Garden Peas or Baked Beans
	(G) (W) (MK) (MU) (SO	(G) (W) (MK) (MU)	(G) (W) (B) (MK) (E)	(G) (W) (MK)	(G) (W)
Pasta and Jackets	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
	(MK) (F) (E)	(G) (W) (MK) (SO) (MU)	(MK) (F) (E)	(G) (W) (MK) (SO) (MU)	(MK) (F) (E)
Desserts	Fruit Yoghurt & Coulis Fresh Fruit Pot	Fruit Yoghurt & Coulis Fresh Fruit Pot	Fruit Yoghurt & Coulis Fresh Fruit Pot	Fruit Yoghurt & Coulis Fresh Fruit Pot	Vote For Your Favourite Dessert Fresh Fruit Pot
	(MK)	(MK)	(MK)	(MK)	(G) (W) (E) (MK)



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